



Northampton International Academy

NIA Sport & PE Curriculum Mapping



Why Teach PE?

NIA PE curriculum is designed on the core intent that students develop lifelong healthy active lifestyles. Students develop their confidence in their knowledge of sport and physical education, being able to lead, support and officiate in a range of physical activities (**Head**). Students are physically active and are given opportunities to explore a range of sporting interests in order to develop a passion for physical activity (**Heart**). Students develop skills which can be applied across different physical activities and sports in order to be successful (**Hands**).

The 6 Big Ideas of the PE Curriculum

The curriculum map details the sequencing and interleaving of substantive knowledge through six 'big ideas' to enable pupils to build schemata of important concepts over time.



Knowledge In PE

Every PE lesson from Year 1 to Year 9 encompasses these three disciplinary strands to assess the whole learner.

Lifelong Physically Active & Healthy Students														
Head				Heart				Hands						
Declarative Knowledge				SEMH & Fitness				Procedural Knowledge						
Tactical & Strategic Thinking	Knowledge of Rules & Regulations	Analyse & Review Performances	Leadership	Components of Fitness	Lead a Physically Active & Healthy Lifestyle	Understand the Benefits of Physical Activity	Understanding Safety	Effort, Attitude & Engagement	Running	Jumping	Throwing	Catching	Agility, Balance, Coordination	Technique & Control

Learning for Life and Careers

Employability skills: Literacy, ICT, Research, Analysis, Creativity, Leadership, Organisation, Resilience, Initiative, Communication. Experience of the wider world through trips, working with other schools and students.

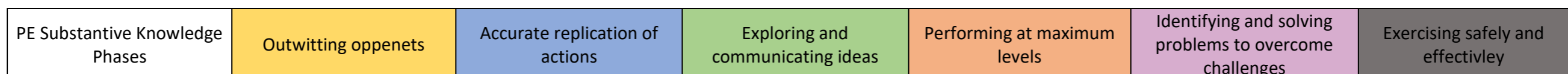
Encounters with employers: Trip to strength & conditioning studio, local gyms and local sporting venues. Guest speakers from the world of sport, leadership sessions in the local primary schools.

Examples of qualification pathways: BTEC Sport leads on to Level 3 BTEC, this in turn leads to University Courses in a wide range of subjects from Physiotherapy to Sports Coaching

Types of Knowledge

Declarative Knowledge (know)- Is the knowledge in PE that is factual concerning movement, rules, tactics, strategies, health and participation. Declarative knowledge can be communicated verbally or written. Examples of learners showing this knowledge in lesson could be through questioning and answering, or spoken or written observations.

Procedural Knowledge (show) – is the knowledge of how to apply the declarative facts. This can be seen in lessons by learners practising through demonstrations or physical participation. An example of procedural knowledge in a lesson is applying the tactics to a practice situation or modified game.





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NIA Sport & PE Curriculum Mapping – Secondary



Year Group and Class	PE Group	Gender	Autum Term 1	Autum Term 2	Sprint Term 1	Spring Term 2	Summer Term 1	Summer Term 2
	7Y/Pe1	Boys	Swimming	Rugby	H&F	Netball/Basketball	Gymnastics	Athletics
	7Y/Pe2	Boys	Gymnastics	Basketball/Netball	Rugby	Swimming	Athletics	H&F
	7Y/Pe3	Boys	H&F	Netball/Basketball	Gymnastics	Rugby	Swimming	Athletics
	7Y/Pe4	Girls	Gymnastics	Rugby	Swimming	H&F	Netball/Basketball	Athletics
	7Y/Pe5	Girls	Rugby	Swimming	Gymnastics	Netball/Basketball	Athletics	H&F
	7Z/Pe1	Boys	Swimming	Rugby	H&F	Netball/Basketball	Gymnastics	Athletics
	7Z/Pe2	Boys	Gymnastics	Basketball/Netball	Rugby	Swimming	Athletics	H&F
	7Z/Pe3	Boys	H&F	Netball/Basketball	Gymnastics	Rugby	Swimming	Athletics
	7Z/Pe4	Girls	Gymnastics	Rugby	Swimming	H&F	Netball/Basketball	Athletics
7Z/Pe5	Girls	Rugby	Swimming	Gymnastics	Netball/Basketball	Athletics	H&F	
PE Group	Gender	Autum Term 1	Autum Term 2	Sprint Term 1	Spring Term 2	Summer Term 1	Summer Term 2	
8Y/PE1	Boys	OAA	Basketball	Football	H&F	Athletics	Striking & Fielding	
8Y/PE2	Boys	Basketball	OAA	H&F	Football	Striking & Fielding	Athletics	
8Y/PE3	Boys	H&F	Football	OAA	Basketball	Striking & Fielding	Athletics	
8Y/PE4	Girls	Football	OAA	Basketball	H&F	Athletics	Striking & Fielding	
8Y/PE5	Girls	Football	H&F	Basketball	OAA	Athletics	Striking & Fielding	
8Z/PE1	Boys	OAA	Basketball	Football	H&F	Athletics	Striking & Fielding	
8Z/PE2	Boys	Basketball	OAA	H&F	Football	Striking & Fielding	Athletics	
8Z/PE3	Boys	H&F	Football	OAA	Basketball	Striking & Fielding	Athletics	
8Z/PE4	Girls	Football	OAA	Basketball	H&F	Athletics	Striking & Fielding	
8Z/PE5	Girls	Football	H&F	Basketball	OAA	Athletics	Striking & Fielding	
PE Group	Gender	Autum Term 1	Autum Term 2	Sprint Term 1	Spring Term 2	Summer Term 1	Summer Term 2	
9Y/PE1	Boys	Health & Fitness	Basketball	International	Striking & Fielding	Badminton	Athletics	
9Y/PE2	Boys	International	Basketball	Badminton	Striking & Fielding	Health & Fitness	Athletics	
9Y/PE3	Boys	Badminton	Health & Fitness	International	Basketball	Athletics	Striking & Fielding	
9Y/PE4	Girls	Badminton	International	Health & Fitness	Basketball	Striking & Fielding	Athletics	
9Y/PE5	Girls	Striking & Fielding	International	Badminton	Health & Fitness	Athletics	Basketball	
9Z/PE1	Boys	Health & Fitness	Basket	International	Striking & Fielding	Badminton	Athletics	
9Z/PE2	Boys	International	Basket	Badminton	Striking & Fielding	Health & Fitness	Athletics	
9Z/PE3	Boys	Badminton	Health & Fitness	International	Basketball	Athletics	Striking & Fielding	
9Z/PE4	Girls	Badminton	International	Health & Fitness	Basketball	Striking & Fielding	Athletics	
9Z/PE5	Girls	Striking & Fielding	International	Badminton	Health & Fitness	Athletics	Basketball	

PE Substantive Knowledge Phases	Outwitting opponets	Accurate replication of actions	Exploring and communicating ideas	Performing at maximum levels	Identifying and solving problems to overcome challenges	Exercising safely and effectivley
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